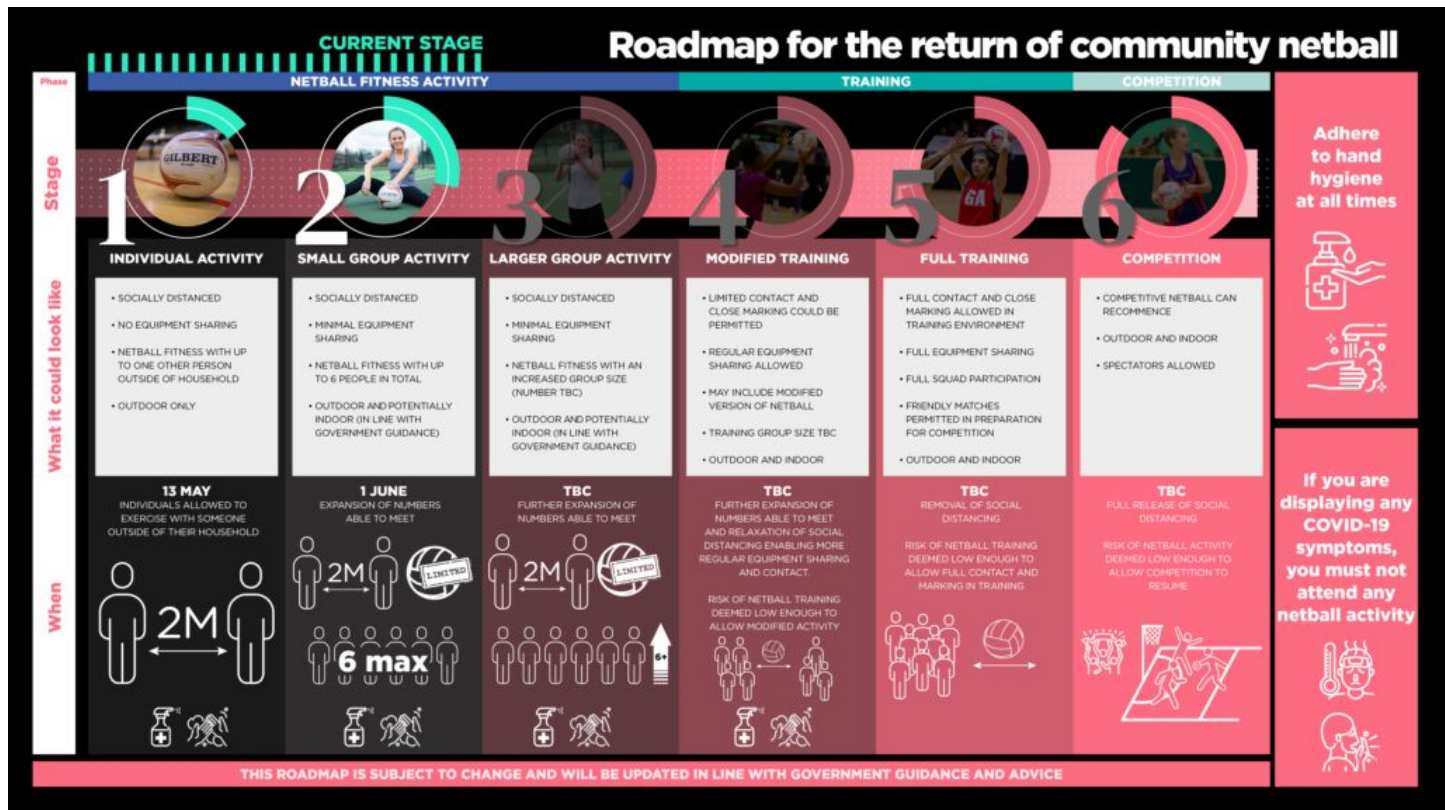


Leamington NETBALL CLUB COVID-SAFE GUIDELINES

STAGE 2 - ENGLAND NETBALL ROADMAP

England Netball Guidance



- Netball fitness activity should continue to be delivered with 2m social distancing measures in place. The Prime Minister stated that people should stay 1m plus apart at all times if it's not possible to stay 2m apart. Our guidance intentionally does not reduce to 1m as there is currently no need to be closer than 2m to take part in outdoor netball activity and this continues to help prevent the risk of infection spreading.
- On a full size, outdoor netball court, it is now possible for two groups of six to enjoy netball fitness activity. We recommend that the goal thirds are used and the centre third is kept empty.
- If the Netball fitness activity is being coached, a Level 2 qualified coach can oversee two socially distanced groups with an assistant. Both facilitators should be included within group size.
- Netball courts that are adjacent to one another can be utilised providing 2m remains between groups on neighbouring courts and that a one-way entry and exit system is established. If there is only one entry point, start and end times must be staggered.
- A good number have asked for clarification around 'limited' sharing of equipment. There is currently limited research about the extent to which the virus can be spread by sharing sports equipment such as balls. A cross-sport medical group, including netball, has been established to investigate this area and report back to the Government. Over time, as the virus declines and our medical experts have more information, we will look to relax this.
- Netball fitness activity is individual activities and practices that focus on building fitness and ball handling. It can include wall work and ball familiarisation skills although sharing of equipment and netballs should be minimised and players need to be able to keep a minimum of 2m apart at all times.

LEAMINGTON NETBALL CLUB PROCEDURES

Facilities Usage

Leamington Netball Committee have agreed the following guidelines for use of facilities

Session Organisation

1. Fitness sessions can be run for maximum 5 participants per court to allow room for movement and to ensure 2 metres distance maintained
2. All fitness sessions must be organised by a Level 2 coach or coach with higher level of qualification (eg Masters in Physical Education) who must be in attendance with 1 group of 5 participants
3. If a second group is run on the 2nd court then this can be supported by an 'Assistant Coach'; a responsible individual who can provide support to the lead coach
4. Online rotas should be used where possible to manage participant attendance and attendance sheet used to record attendance on the day (from signup.com)
5. All group sessions must have a break of minimum 15 minutes in between to ensure no cross over in arrival/departure times
6. No spectators except for parents who should stay off the courts and in cars/ or maintaining social distance outside courts/hub
7. No equipment should be shared during the sessions. Only coaches should touch any spots/cones used in the practices.
8. Coaches own whistles should be used and taken home at end of the session
9. Participants should be asked to bring their own ball where possible and water bottle
10. Coaches should arrive early for the session to allow for court to be opened and equipment set up ahead of participants' arrival; including the preparation of a tub of 'washing fluid'. In the early sessions an extra committee member helper will be present to support this.
11. Participants should remain in their cars until any participants from previous sessions have vacated the premises
12. At end of session coaches/helper need to wipe down touchpoints in between sessions
13. At the end of a days sessions, internal bins must be emptied into courtside bins and liners replaced before closing hub

Hub Usage

1. Courts and hub doors will be opened by sessions leaders only
2. The first section of the hub will only be accessible for use by session participants to use toilet only
3. The inner section of the hub will only be opened by session leaders to access equipment and make up cleaning tub and put away at end of the session. The door will remain locked when participants are present
4. Only 1 person at a time to be in the hub. This is to be monitored by leaving the toilet door open when not in use; so people can see from outside if in use.

Cleaning Guide

1. On arrival all participants and coaches must hand sanitise their hands on the hand sanitiser installed on the outside wall of the hub for Group 1 on Court 1; or on the table by the courts if in Group 2 on court 2
2. During the session participants and coaches should hand sanitise every 15 minutes/during drinks breaks.
3. At the end of the session all coaches and participants should hand sanitise
4. Any equipment that was used or touched by coaches and/or participants must be washed as per the Cleaning Detail Guide

Cleaning Detail Guide

- Always wash hands and/or sanitize after cleaning.
- *Washing fluid* is household disinfectant diluted as per the manufacturer's instructions.

These rules are for non-symptomatic situations. If anyone displays symptoms, contact Janette Eslick (Covid-19 Officer), use full PPE to clean the area as per the Government advice available here:

<https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>

What	Balls and Equipment	Touchpoints on padlocks, doors, handles, benches	Bibs	Toilets and Building
Ideally by who	Participant or Leader	Session Leader	Coach	Session Leader
How	Dunking in pre-made plastic tub of <i>washing fluid</i> and the fresh water and leave to dry naturally in ball cage	To be wiped down with <i>medikills wipes</i>	To be put in a tied carrier bag and taken home and washed in washing machine and bag disposed of	Usual lavatory cleaning spray and paper towels. Put paper towels in new bin. Disinfectant wipes also available to use as alternative to spray/towels
When done	Participant to put in ball cage Coach to put ball cage back in the hub at the of sessions	End of each session	After sessions, when roadmap allows	Place paper towels into bag for disposal. NOT into toilet.

- Dispose of all used cleaning materials into a tied up bags and place in outside bins at end of each session
- All cleaning fluids must be tipped away at the end of the session

Guide for Participants

- Arrive ready to play
- Avoid car sharing where possible
- Bring your own water bottle and ball when requested (first few senior sessions will not need a ball)
- You will be notified in advance which court you will be joining for the whole sessions; you must stay with that coach and that group for the whole session.
- Wait in your car until the previous session participants have vacated facilities.
- Check in at arrival desk and confirm 'Covid-19' Health Declaration'
 - If you have any Covid-19 Symptoms you should not leave home and arrange for a test
 - If any of your household is displaying Covid-19 symptoms, you must not take part in any netball activity
- Your attendance will be kept for 21 days to support NHS Track and Trace
- Hand sanitise on arrival and departure. If on Court 1 hand sanitise using wall dispenser on outside of the hub; if on Court 2 hand sanitise using the sanitizer on the table by the far court
- If using Court 1 leave bags by hub; if using Court 2 leave bags by bench on far side of court
- Only use the toilet in the first part of hub if necessary, hand sanitising before and after using the toilet; making sure only 1 person is in the hub at one time.
- Do not touch any equipment or share with others
- Do not use mobile phones until you have hand sanitised at end of the session
- Maintain a 2 metre distance from coaches and other participants
- If you use a ball, make sure you wash it in the tub provided at the end of your session and leave to dry as instructed or take home if you have used own ball.
- Parents must remain in their cars or can socially distance around the outside of the fence
- Adhere to the one-way system (enter by courts/exit onto rugby field)

Risk Assessment

- See separate document
- All coaches and participants need to read before attending sessions.