



# Return to Community Netball Roadmap

## Stage 2 Risk Assessment Netball Fitness Activity

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## LEAMINGTON NETBALL COVID-19 RISK ASSESSMENT – STAGE 2 RETURN TO COMMUNITY NETBALL

This risk assessment covers the risk of coronavirus spread while training at Leamington Netball Club. This risk assessment was created on 27th July 2020 and reflects the guidance issued by HM Government on the 11th May 2020 and England Netball Stage 2 relating to the Roadmap for the return of Community Netball. The coronavirus situation is dynamic, and hazards and controls will be updated as the Government and our Governing Body-England Netball advice changes.

### What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as Stage 2 guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's stage 2 guidance.

<b>Our club name: Leamington Netball</b>	<b>Our COVID-19 Officer is: Janette Eslick</b>
<b>Name of activity: Stage 2 Fitness Training</b>	<b>This activity takes place at : <i>Leamington Netball club</i></b>
<b>Who is carrying out this assessment? Jan Thomas/Janette Eslick/Chris Trickey</b>	<b>We will review this risk assessment next on: 25th August 2020</b>
<b>Date of the Risk Assessment 28/7/20</b>	

What are the Risks?	Who might they affect?	Controls to be put in place	Additional Controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
<b>Infection from person to person</b>	Players, coaches, parents, members of public at venue	<p>Provide clear information to all members of potential COVID-19 symptoms.</p> <p>All participants must confirm if they are displaying symptoms suggestive of Covid-19 in advance of entering any Netball Fitness Activity.</p> <p>Name &amp; contact detail of anyone in attendance at all Netball Fitness Activity should be collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles and kept for a minimum of 21 days.</p>	<p>All participants to be reminded by coaches:</p> <p>No bodily contact including high fives &amp; hand-shakes.</p> <p>Perform hand hygiene and sanitise netball prior to any netball activity.</p> <p>Maintain hand hygiene throughout the session, with a break every 15 minutes to sanitise netball and perform hand hygiene.</p> <p>Congregating before or after Netball Fitness activity is not permitted.</p>	Janette Eslick	31/7/20	Yes

		<p>Signup.com attendance sheet will be used to monitor attendance</p> <p>Any individual displaying symptoms is advised to return home, self-isolate and apply for a test online or call 119.</p> <p>Maximum of 6 in groups (including the coach).</p> <p>If multiple groups meet at same location, they must remain separate throughout. 1 group to be led by Group 2 coach (or equivalent) and 2nd group to be led by assistant coach</p> <p>Parents and spectators discouraged.</p>	<p>.</p> <p>Maintain social distancing in line with Government guidance throughout a session</p> <p>Netball Fitness Activity to take place outdoors and in an area with sufficient space to ensure social distancing</p> <p>One way in/out system to be set up</p>			
<b>Infected surfaces</b>	Players, coaches,	Identify any likely surfaces to be heavily	Minimise the need to touch surfaces if	Jan Thomas	31/7/20	Yes

<b>around the area</b>	volunteers, parents	<p>used e.g. court entrances/hub doors/toilet doors</p> <p>Regular disinfection of such heavily used areas</p> <p>Have a COVID-19 bin for disinfectant wipes</p> <p>Hand sanitiser available within every group and as participants arrive and depart</p> <p>One mounted on the hub and one on a table by Court 2</p>	<p>possible e.g. leave open gates</p> <p>Avoid touching surfaces</p> <p>Remind participants to maintain good hand hygiene with a break every 15 minutes to sanitise netball and perform hand hygiene.</p>			
<b>Infected equipment</b>	Players & coaches	Encourage players to bring their own ball if possible	All participants should be informed of limited equipment sharing	Jan Thomas	31/7/20	Yes

		<p>Do not use bibs</p> <p>Water bottles must be the individuals own and any left at end of session should be disposed of</p> <p>Activities should be for individuals and should not include passing practices</p> <p>Players should retrieve their own ball</p>	<p>All netballs and any other equipment e.g. spots/cones should be sanitised each session and stored correctly back in the hub</p> <p>No mobile phones to be used during sessions</p>			
<b>Lack of space to maintain social distancing</b>	Players, coaches	<p>Groups size restricted to 6</p> <p>If more than one group is used on a netball court, middle third must be kept free</p> <p>No spectators or parents to be involved in sessions</p>	<p>All attending to be reminded of 2m social distancing and all Government Guidance</p> <p>Careful selection of venues to ensure sufficient space</p>	Janette Eslick	31/7/20	Yes
<b>Transport to and from sessions</b>	Players, coaches, volunteers	Car shares should be avoided where possible		Chris Trickey	31/7/20	Yes

		Participants should avoid using public transport and always follow Government guidance				
<b>Toilets and changing rooms</b>	Players, coaches	<p>Outer part of hub only to be open for use of toilets only. Hand sanitize before and after using toilet.</p> <p>Soap available in the toilets. Paper towels preferred to electric hand dryers. Bins need to be provided for safe disposal</p> <p>Hand sanitiser to be available on courts so use of toilets is not needed for hand washing</p>	<p>Hand washing posters and signage for toilet s to be on display</p> <p>Ensure players are aware to come prepared to participate fully changed</p> <p>Ensure if toilets do need to be used, it is only 1 in 1 out.</p> <p>Ensure hands are sanitised regularly</p>	Jan Thomas	31/7/20	Yes
<b>Infection through spectators and</b>	Players, coaches, parents	Parents and spectators not permitted at Netball Fitness activity.	During session remind players to stay on court	Janette Eslick	31/7/20	Yes

<b>other members of the public</b>		<p>If parents need to stay they must remain in their cars or outside courts and maintain social distance to other parents</p> <p>Players and coaches should stay within their groups area and only leave to go to toilet.</p>				
<b>Increased risk to those with underlying medical conditions or BAME groups</b>	Those with underlying medical conditions and BAME groups	<p>Ensure those in high risks groups are aware of the risks involved in participating in Netball Fitness activity and have access to the clubs risk assessment</p> <p>Ensure that all participants have the choice if they would like to attend sessions</p> <p>No pressure from coaches, club volunteers or other players to join Netball Fitness Activity</p>	Ensure club coaches are fully aware of participants relevant medical conditions and participants have the opportunity to opt out of Netball Fitness activity at any time.	Janette Eslick	31/7/20	Yes



<b>Risk of those returning to Netball Fitness Activity following COVID-19</b>	Those who have had COVID-19	Participants to be advised to following the advice of their GP or Consultant		Jan Thomas	31/7/20	Yes
<b>Social distancing not possible during first aid or if an injury is sustained</b>	Players, coaches, volunteers, first aider	<p>First aid to be administered with type IIR surgical face mask and gloves</p> <p>Hands to be sanitised before and after</p> <p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>	Hand gel and face mask put in first aid kit	Jan Thomas	31/7/20	Yes
<b>Activity and content of session</b>	Players, coaches	<p>Netball Fitness Activity can only be undertaken.</p> <p>Ensure all Netball Fitness activity is individual practices or</p>	Inform participants before session of what Netball Fitness Activity is	Janette Eslick	31/7/20	Yes

		<p>can be completed whilst socially distancing</p> <p>Practices that involve passing between players not in same household are avoided</p> <p>No small sided games or activities that involve close contact &lt;2metres are delivered</p> <p>All coaches to confirm they have read risk assessment and Covid-19 documents</p>	Remind participants of social distancing during session			
<b>Breaches to Government and England Netball guidance</b>	Players, volunteers, coaches	<p>Information shared with all participants in advance of session to avoid unintentional breaches</p> <p>Players to be reminded if breach happens</p>	Clearly communicate to all members expectations and need to comply with Government and England Netball guidance	Janette Eslick	31/7/20	Yes

		<p>Persistent, intentional breaches to be dealt with via club disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p>	<p>Ensure all participants are members of club</p> <p>If activity can not be safely managed; cease the activity.</p>			
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